

## Opening lesson: Needs and Where They Fit.

Consider using information you need about Abraham Maslow, and about his Hierarchy of needs. Consider the needs below.

1. Where would they fit into his hierarchy and why?
2. Can any one of those fit in more than one area? If so, where else could they fit and why?
3. Generate three other needs that you believe are important. Those needs **must** fit in two or more categories of Maslow's Hierarchy of Needs. (Note: Your responses to the above should be short and concise. Make reference to an example to support your reason for placing the need where you did.)
4. Your response to this is to go on your wikipage. How should you present it? Some sort of diagram would be my answer. Good luck.

1.

Food

-Food is something that humans need to continue their lives.

Water

-We all need water to survive.

Procreation

-Our main goal is to reproduce. Procreation also fits under the category of love/ belonging

Air

-we need air to survive.

Sunlight

-Sunlight is not a necessity for our survival, however, we need it.

Shelter

-We need shelter for our safety.

Heat

-We should heat our body to keep our body healthy and safe.

Support

-We often need support from people from our friends or lovers.

Friendship

-Friendship is needed for us when taking part in the society.

Love

-Love is a need for us to go through hardship.

Procreation

-Procreation is needed when we finally meet our true love.

Self respect

-We need self respect to higher our esteem.

Support

-Support can lead to high esteem.

Money

-Money tells everything about our status.

Love

-Love is needed in developing oneself to a better person.

Friendship

-There should be some friends who can support you to acquire self-actualization.

Acceptance

-Acceptance is a need for oneself to open up.

Self respect

-One should respect himself for self-fulfillment.

Realizing potential

-People should always have belief in themselves so that they can be motivated.

2. I think that support should fall in to both esteem and love/belonging. Supports from others can easily make you happy and encourage you, which ends up giving you higher esteem. Moreover, support is something that you need from your friends or lover. You and your love/belongings should support each other to help or solve your problem.

3.

Knowledge

I included knowledge in the category of esteem because in this society, we need knowledge to be recognized by people and companies. By acquiring knowledge we can live a better life. Moreover, knowledge is something that you need for your safety. Without knowing anything, you wouldn't be safe in this universe. Some hacker can easily use your information to access different things by you giving away too much information about yourself in the internet. An adequate amount of knowledge will keep you safer.

Time management

I included time management in self-actualization because I think that the ability to manage time is a need for every human-beings in order to succeed in their lives. Through managing the time well, one can do many different things in a short time of period. Organizing time may be also important with your friends or love. Spending too much time with your love or friends might not affect you in a good way. So, you need time management in love/belongings and self-actualization.

Courage

-We all need courage to succeed in something. We need the motivation and the will to achieve our goal. Therefore, believing in yourself with courage can higher your esteem and lead you in a good way. Courage also falls under the category of love/belongings

because to first start love, I believe that you need a certain amount of courage. For example, for you to step up to the person you like, you need courage.

